

<b>Site Location:</b> Ashcott Playing Fields			<b>Reference Number:</b> ASHFC/RA/COVID-19 Rev6							
<b>Date:</b> 14/09/2020		<b>Name:</b> Simon Cruwys - TechIOSH			<b>cc:</b> Colin Macpherson and Ashcott FC Committee, management teams and coaches					
<b>Review date:</b> 01/11/2020										
Activity	Hazard	Persons at risk	Risk Factor LxS = RF			All of the following control measures must be implemented to reduce the risk factor to a tolerable level	Revised RF LxS = RF			
			L	S	RF		L	S	RF	

<p>Ashcott FC undertaking training sessions and Matches at Ashcott Playing Fields</p> <p>Note: Where the control measures cannot be implemented sessions and matches will not proceed. Risk Assessment is based around the latest FA Guidance for Adult Players, Parents and Carers, Coaches and providers of outdoor football facilities.</p>	<p>General exposure due to working with players</p>	<p>Coaches and players</p>	5	6	30	<p>The contents of the FA Guidance will be implemented throughout and strictly monitored and enforced with a designated COVID-19 officer appointed. Groups of no more than 30 including coaches will be in place (although two or more groups may be present at the same time all with coaches (including being in line with safeguarding requirements) A brief will be held upon arrival detailing the contents of this Risk Assessment as well as the details of the session or Match to ensure the information around COVID-19 and control measures to stop exposure are refreshed and up to date. Records of participants will be held to aid the NHS Track and Trace system with all records held for a minimum of 14 days in line with isolation requirements.</p> <p>First aid will be kept to a minimum with it only being given in situations to preserve life or serious injury and then with gloves, face coverings and overalls or similar body protection.</p>	3	6	18
	<p>General session and Matches hazards and controls</p>	<p>Coaches and Players</p>	5	6	30	<p><b>General Principles</b></p> <ul style="list-style-type: none"> <li>• Contact can take place for specific training and matches but is to be kept to a minimum, with regular hand sanitising breaks including the cleaning of equipment: posts, corner flags and the like</li> <li>• Close contact must be avoided where possible and not permitted pre or post training or matches, with goal celebrations restricted</li> </ul>	4	6	24

Likelihood of Harm Occurring			Severity of Injury or Harm			Risk Factor
H	M	L	H	M	L	
5 or 6	3 or 4	1 or 2	5 or 6	3 or 4	1 or 2	High Risk > 24 Eliminate, discuss with Supervisor
						Medium Risk 13-24 Reduce risk, change work programme
Probable	Possible	Remote	Fatal/Major	Sprain/strain/over 7 day	cuts/bruises	Low Risk <12 Reduce as far as is Reasonably Practicable

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Ashcott FC undertaking training sessions and Matches at Ashcott Playing Fields	Use of toilet facilities and changing rooms	Coaches, Players, parents and carers	5	6	30	<b>Toilet and changing Facilities</b> <ul style="list-style-type: none"> <li>• Designated toilets will be in use to ensure social distancing.</li> <li>• Enhanced cleaning regimes for toilet and changing rooms particularly door handles, locks and toilet flush: prior to start and after finishing.</li> <li>• A one way system will be established to public areas with doors held open to avoid touching handles and common surfaces</li> <li>• Wherever possible players and officials should come changed and ready with showers and changing taking place at home <ul style="list-style-type: none"> <li>• If changing rooms are required then the teams must use them in accordance with 2m social distancing requirements with max occupancy signage in place.</li> <li>• Showers can be used but will be in line with social distancing requirements to ensure that 2m distance is in place between each shower user and cleaned prior to next use.</li> <li>• For adult teams kits will be washed prior to each use and one person responsible for cleaning and issue.</li> </ul> </li> </ul>	3	6	18
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Ashcott FC undertaking training sessions or Matches at Ashcott Playing Fields	Arrival and departure from the location	Coaches, Players and Parents/Carers	5	6	30	<p>Players must travel alone or with members of their own household or bubble. Cars are to be parked with sufficient space to allow for social distancing</p> <p>Players are to leave the car and go straight to the designated meeting location and stand with 2m Social Distancing whilst the brief is given.</p> <p>Parents and carers are to ensure that they maintain social distancing and stay away from the training area or pitch and maintain social distance from each other.</p> <p>Any supporters are to ensure that contact details are provided to aid in track and trace procedures and that social distancing is maintained.</p>	3	6	18
	Hygiene measures/ Symptoms of Corona Virus/reporting of symptoms	Coaches, Players and Parents/Carers	5	6	30	<p>Players must check for Covid-19 symptoms before leaving home:</p> <ul style="list-style-type: none"> <li>• A high temperature (37.8+ Celsius)</li> <li>• A new continuous cough</li> <li>• Shortness of breath/ or sore throat</li> <li>• Loss of/change sense of taste/or smell</li> <li>• Generally feeling unwell</li> </ul> <p>Any player who has any of the symptoms will be sent home but should not travel to the if known beforehand.</p> <p>See Appendix 1 below for reporting procedure</p>	3	6	18

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We the undersigned confirm that we have been briefed on the Risk Assessment detailed above & consent to allow for children within our care to undertake football training in accordance with the controls within.

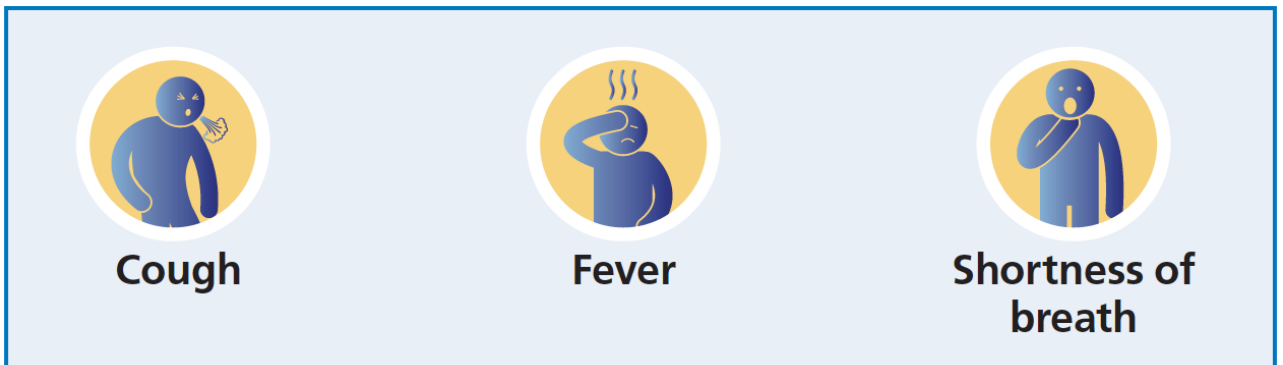
Name	Signature	Name	Signature

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# CORONAVIRUS

Are you suffering from the following signs and symptoms?

- Cough
- Fever
- Difficulty in breathing / shortness of breath



If yes, to protect yourself and others please go home and search 'NHS Coronavirus' for advice and access the 111 online coronavirus service.

**Do not enter the building or attend the session**

Poster layout and content developed from NHS and Public Health England.

# CORONAVIRUS

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## Wash your hands

more often for

**20 seconds**

Use soap and water or a hand sanitiser when you:

- Get home or leave the session
- Blow your nose, sneeze or cough
- Touch training equipment

**CORONAVIRUS**

**PROTECT YOURSELF &**

- 1 - Safe Place!
- 2 - Safe Person!
- 3 - Sound Information!

Poster layout and content developed from NHS and Public Health England.



# CORONAVIRUS

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**Wash your hands with soap and water more often for 20 seconds**



Palm to palm  
fingers



The backs of hands



In between the



The back of the fingers  
fingers



The thumbs



The tips of the

**Use a tissue to turn off the tap.  
Dry hands thoroughly.**

Poster layout and content developed from the NHS.